

MAY | 2024



Trotwood-Madison High School Lunch Menu- Free to All Students

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| 29 | 30 | 1 Hot Dog or Bratwurst Fresh Broccoli Bites Fresh Apple Slices Choice of Milk | 2 Tangerine Chicken w/Rice Fortune Cookie Stir Fry Vegetables Fresh Celery Sticks Diced Pears Choice of Milk | 3 BBQ Rib Sandwich California Blend Fresh Carrot Sticks Choice of Fruit Choice of Milk |
| 6 Pizza Dippers w/ Marinara Sauce Cup Steamed Broccoli Side Salad Choice of Milk | 7 Beef Taco Salad Black Bean and Corn Salad Fresh Cucumber Slices Mandarin Oranges Choice of Milk | 8 Chicken Tenders w/ Cornbread Sweet Potato Tots Fresh Broccoli Bites Applesauce Choice of Milk | 9 French Toast w/Sausage Hash Brown Rounds Fresh Cauliflower Cut Fresh Fruit Choice of Milk | 10 Manager's Choice Baked Beans Fresh Carrot Sticks 100% Fruit Juice Slushie Choice of Milk |
| 13 Pizza Hut Pizza Glazed Carrots Side Salad 100% Fruit Juice Choice of Milk | 14 **Ram Bowl** Fresh Cucumber Slices Mixed Fruit Choice of Milk | 15 Pulled Pork Sandwich Steamed Cut Corn Fresh Broccoli Bites Fresh Apple Slices Choice of Milk | 16 Chicken Quesadilla Refried Beans w/ Cheese Fresh Celery Sticks Diced Pears Choice of Milk | 17 Manager's Choice Fresh Carrot Sticks Pineapple Tidbits Choice of Milk |
| 20 Buffalo Chicken Pizza Pocket Steamed Broccoli Side Salad 100% Fruit Juice Choice of Milk | 21 Manager's Choice | 22 Manager's Choice | 23 No School Records Day | 24 No School Summer Break |
| 27 No School Memorial Day | 28 No School Summer Break | 29 No School Summer Break | 30 No School Summer Break | 31 No School Summer Break |

News

A Lunch consists of an entrée, a milk, and a choice of up to four sides. Sides may include:
Steamed or fresh veggies
Side salads or pastas
Fresh, canned, or dried fruits and 100% fruit juice

Items on this menu are subject to change without notice. Substitutions may be made to account for shortages and to take advantage of seasonal items.

In addition to the items on this menu, each day we may offer additional entrée options and snack items for purchase.

Our lunches meet 1/3 of the RDA requirements for nutrition.

T-M High School
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